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Guest Editorial

Vol 1 Issue 1 – Welcome to the issue

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Welcome to this, the inaugural edition of *Northumbria Psychology Bulletin*, where we showcase some of the outstanding research conducted by our undergraduate and postgraduate students (both campus-based and distance learning). Our goal is to provide a platform for innovative research that might help launch the careers of the next generation of professional and academic psychologists. I have always been impressed by the diversity and quality of research that our students carry out in the completion of their programmes of study under the exceptional supervision of our academic team. The continuing approach adopted by the Department of Psychology to support and facilitate the research ideas generated by the students is something that delivers an excellent opportunity for their development of research skills and steps towards independence. The continued student engagement with the process of writing for publication and the ongoing guidance of their supervisors is particularly impressive given that it extends beyond the completion of their degree programmes and is purely voluntary. I think it demonstrates the commitment of both parties to success beyond the classroom as well as the potential contribution our graduates can make to academic research. This issue (*Issue 1*) features articles including a qualitative investigation of the impact of COVID-19 on the experience of higher education (McGlynn *et al.*, 2024), and adult attachment, psychosomatic symptoms and emotion regulation (Medlej & Greer, 2024). I invite readers to engage with these thought-provoking studies and look forward to the future success of this journal.

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